



PROACTIVETUR
TURISMO RESPONSÁVEL • RESPONSIBLE TOURISM

ITS TIME TO DISCOVER SÃO NICOLAU CABO VERDE

MEETUP TREKKING SAO NICOLAU SPECIAL PROGRAM

São Nicolau is one of the Cabo Verde islands and perhaps one of the least known. It is located in the northwestern quadrant of this archipelago and is characterized by a mixture of landscapes, which includes an extensive mountain region, intersected by green valleys - where agricultural activity holds special importance - and by volcanic plains that end on a rocky coastline.

Birth place of several Cape Verde's intellectuals, São Nicolau reveals itself as a sanctuary of culture and natural beauty untouched by tourism. In its small territory it holds two of the seven wonders of Cabo Verde: the "Monte Gordo" Natural Park and the Geosite of "Carbeirinho". Whether for its landscape, culture, beaches of both black and white sand, or its welcoming people, it is time to discover São Nicolau

DATE 2021:

- 16 to 23th of November (Meetup trekking Festival)

PROGRAM

1st Day-16 nov. Arriving at Praia town, Santiago. Check-in Hotel St^aa Maria.

2nd Day-17 nov Ribeira Brava, São Nicolau

08h00. Breakfast at accommodation. Free morning in Praia city.

12h30. Transfer to the airport and flight to Ribeira Brava, São Nicolau.

14h35. Arriving at São Nicolau. Transfer to Ribeira Brava village. Check-in hotel "Pensão de Santo António". Welcoming session at the hotel and walk around Ribeira Brava village

18h00. Return to the hotel.

19h30. Welcoming dinner

About the day: After a breakfast full of typical products, take some time to visit the historic area of Praia, its local market or the famous Sucupira market, typically African, and where you can find a little bit of everything. On the island of São Nicolau, there will be a short historical walk followed by a welcoming home made dinner.

3rd Day-18 nov. Hiking: Ribeira Brava - Tarrafal (14km | D+ 700m | D- 560m)

08h00. Breakfast at accommodation.
09h00. Meeting the local guide. Start of the hike.
14h30. Arriving at Tarrafal. Check-in at accommodation: Residential "Tocely"
15h30. Beginning of Meetup Festival 2020
20:00. Free dinner at Tarrafal

This walk starts at the centre of Ribeira Brava village. Through walls of volcanic dikes, we follow a stream valley, an authentic oasis, and begins a climb to the first viewpoint. The climb follows a trail that is often used by cattle. Arriving at the top, it's possible to admire the entire Ribeira Brava valley, from the sea to Monte Cintinha, and at the same time, the entire plateau of Caleijão, overlooking the sloth airport and the sea on the south side of the island. The arrival at Caleijão is made by a long road, after which a long and steep climb begins, but which provides one of the best views over the Caleijão plateau and the Preguiça field. Arriving at Tope d'Vermelin we will be welcomed by one of the best preserved dry stone paths in São Nicolau. The path to Tarrafal is made by going around Monte de Fontainhas, always with a deep valley to the side, which after the rains forms several pools that reflect the blue sky on the rocky bottom. The village of Fontainhas, a place for raising cattle, welcomes us with its doors open to the sea. From here we start to see Tarrafal and a long descent to the sea begins.

*The itinerary could change to avoid an overlapping with the Meetup Program.

4th Day. 19 Nov. Meetup Trekking Festival | Hiking, Workshops, Music, Arts and Food

Participation in the festival activities. The program of the festival will be available soon
Accommodation: Correct location after the festival program

5th Day. 20 Nov. Meetup Trekking Festival | Hiking, Workshops, Music, Arts and Food

Participation in the festival activities. The program of the festival will be available soon
Accommodation: Correct location after the festival program

6th Day. 21 Nov. Return to Praia, Santiago

08h30. Breakfast at accommodation
Free morning in Ribeira Brava village.
11h00. Visit to Preguiça and transfer to the airport.
15h45. Flight to Praia city.
16h30. Check in Hotel St^a Maria.
19h00. Dinner at Praia

About the day: It will be our last day in São Nicolau! During the morning you will be free to visit the place and make the last purchases "di terra". On the way to the airport, a small stop will be made in the fishing village of Preguiça to visit its historic fort, where in 1461 Pedro Alvares Cabral stopped during his trip to Brazil. A place full of history and fishing tradition. From there we return to the airport from where we will depart for the city of Praia, in Santiago.

7th Day. 22 Nov. Day at Santiago

8h00. Visit to the old town of Praia, World Unesco Heritage and hike do Hells's Bay

16h00. Return to Praia city and free afternoon

8th Day. 23 Nov. Return to Portugal

Free day

Transfer to Praia international airport.

Flight to Lisbon

PRICES

- DOBLE / TWIN ROOM: 765€ / pax
- SUPPLEMENT SINGLE: 100€ / pax

Whats Included?

- Registration in the Meetup Trekking and its activities
- Proactivetur expert Guide
- All transfers planned in the program, including the ones from and into the airport and luggage transport
- 6 nights accommodation in local hotels, with room and private WC, Wi-fi and breakfast
- 2 dinners (1 in São Nicolau and 1 in Praia)
- 2 lunches
- pocket lunch for all walking days
- Local hiking guide
- Visit tour to Praia old town (Unesco Heritage)

NOT INCLUDED:

- All flights to Praia or Ribeira Brava (we recommend some options – see attach)
- Airport Tax payed in the arrival at Praia (31€)
- Touristic Tax payed in the hotels (2€/night)
- Costs regarding dinners, drinks apart the ones mentioned in the program
- Everything not mentioned in the program

Minimum persons: 8

Maximum persons: 11

Payment and conditions

- bank transfer
- 50% payment in the confirmation act
- the remain 50% until one month before the starting of the trip

Notes:

- In case the accommodations mentioned in the program are full at the time of registration, others with similar conditions will be selected at the same location

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SUGGESTED FLIGHTS

Flights Lisboa-Praia-São Nicolau-Praia-Lisboa (consult us for more informations)

From Lisboa to Cabo Verde

TAP – Round trip from 314€

Outbound: Day 16 Lisboa (LIS)-Praia (RAI) Depart: 20:45 Arrive: 00:10

Return: Day 23 Praia (RAI) - Lisboa (LIS) Depart: 09:20 Arrive: 11:40

Day 23 Praia (RAI) - Lisboa (LIS) Depart: 23:55 Arrive: 6:00

From Santiago to São Nicolau

Flight Binter - Price (both ways): from 190€

Day 17 Praia (RAI) - São Nicolau (SNE)

Depart: 13:55 Arrive: 14:35

Day 22 São Nicolau (SNE) - Praia (RAI)

Depart: 15:05 Arrive: 15:45