

**Marbella 4 Days Walking**  
Location : Marbella - Andalucia - Spain  
[www.marbella4dayswalking.com](http://www.marbella4dayswalking.com)

**Event description:** 4 days walking, 20 or 30 km, every year in October. It is also possible to walk less than 4 days. After completing 4 days participants receive a medal. In 2018 will be the 8th edition, in 2017 we had +2200 international participants

**Contact:** Director Marbella 4 Days Walking:

Hans Wohl e-mail : [info@marbella4dayswalking.com](mailto:info@marbella4dayswalking.com)

Phone +34 639084869

**Communication and participation:**

Patricia van der Zee e-mail : [participation@marbella4dayswalking.com](mailto:participation@marbella4dayswalking.com)

Phone +34 693289041

**Dates: 2018-2019**

2018 : 11-12-13-14 October 2018 (open for registration)

2019 : 10-11-12-13 October 2019 (registration from January 1st 2019)

The seventh edition in 2017 of Marbella 4Days Walking closed again with hundreds of walkers who enjoyed a drink in the sun and danced with enthusiasm to the rhythm of the many bands. Adults and children from 21 countries around the world walked 20, 30 or 10 (kids) kilometers. This year more than 2200 walkers signed up and 208 children participated.

Each day there were around 1,850 participants, of which 80% were Dutch, 6% Spanish and 14% came from other countries with large groups from Belgium, Great Britain, Ireland and Germany. 62% of the participants are women. The oldest participant was 85 years old and the oldest male participant was 82 years old. The youngest participants who walked 20 kilometers were 11 years old.

**Media:**

wWebsite: [www.marbella4dayswalking.com](http://www.marbella4dayswalking.com) (available in Dutch, English and Spanish)

Facebook: [www.facebook.com/marbella4dayswalking](https://www.facebook.com/marbella4dayswalking)

Instagram : [www.instagram.com/marbella4dayswalking\\_m4dw](https://www.instagram.com/marbella4dayswalking_m4dw)